

Specification sheet · typical values · issued 2026-10-10

Makhana (fox nuts/lotus seeds) is a light, crunchy superfood snack rich in protein, fiber, and antioxidants. Traditionally roasted with ghee or spices, it is also used in curries, desserts, and fasting recipes. Loved by health-conscious consumers for its low-calorie, nutrient-dense profile, it is id

Product code	ODOD-0448
Category	Dry Fruits & Nuts
MOQ	500 kg (volume-based product; LCL and FCL consolidation available)
Packing options	200 g, 500 g and 1 kg food-grade PP/laminate pouches packed in export cartons; 5 kg and 10 kg food-grade liner bags in master cartons; nitrogen-flushed or vacuum packing for extended crispness; private-label and retail-ready packing to buyer artwork. Palletised and stretch-wrapped for container loading.
Shelf life	12 months from packing in original sealed packing, stored in a cool, dry place away from direct sunlight and moisture
HS code	12129990
Availability	available
Fat	typical 0.1-0.5 g/100 g
Size	Small 12-16 mm, Medium 17-21 mm, Jumbo 22-26 mm
Color	White to creamy off-white
Grade	Handpicked / machine-graded; 4 Suta, 5 Suta, 6 Suta (small, medium, jumbo); custom grading on request
Purity	min 98%
Protein	typical 9-10 g/100 g
Moisture	max 8%
Admixture	max 2% (unpopped seeds, black tips, shell particles)
Aflatoxin	Total max 4 ppb; B1 max 2 ppb (EU limits) or as per destination regulation
Treatment	Cleaned, graded and sorted; metal detected and sieved before packing
Black spots	max 2% of surface area on graded lots
Bulk density	approx. 45-60 g/litre
Carbohydrate	typical 76-78 g/100 g
Product form	Whole puffed seeds (plain, unroasted or lightly roasted); flavoured and ground variants on request
Broken pieces	max 5%
Dietary fibre	typical 7-14 g/100 g
Foreign matter	Nil visible

Unpopped seeds	max 2%
Yeast and mould	max 100 cfu/g
E coli salmonella	Absent
Total plate count	max 10,000 cfu/g
Pesticide residues	Within destination market MRLs

Values are typical for the grade and vary by lot and season; contractual specifications, tolerances and test methods are stated in the quotation. Country of origin is stated on the quotation and shipping documents. Certifications: US FDA, ISO, Halal, HACCP, GMP; certificates supplied with each quotation. Request a quotation at <https://odod.us/products/dry-fruits-nuts/makhana-fox-nuts-lotus-seeds> or hello@odod.us.